

CHANGING LIVES

The Official Newsletter of Making Waves



Charting the Future

On Thursday 26 August 2021, eight local high schools attended a workshop hosted by Dr Tony Buti MLA (Minister for Sport and Recreation and local member for Armadale) at Champion Lakes Regatta Centre.

School Principals and Heads of Sport heard from Making Waves staff and Board members about the roll out of a school rowing pathway, a key component in the future plans of the program.

There was strong engagement from the schools as Making Waves set ambitious plans for the roll out of the pathway to commence in 2022.

HERE'S WHAT YOU SHOULD KNOW:

- *School Rowing Pathway Proposed - 2*
- *SMYL Community College Makes the Trip from Mandurah - 3*
- *The Stats that Matter - 4*

School Rowing Pathway Proposed

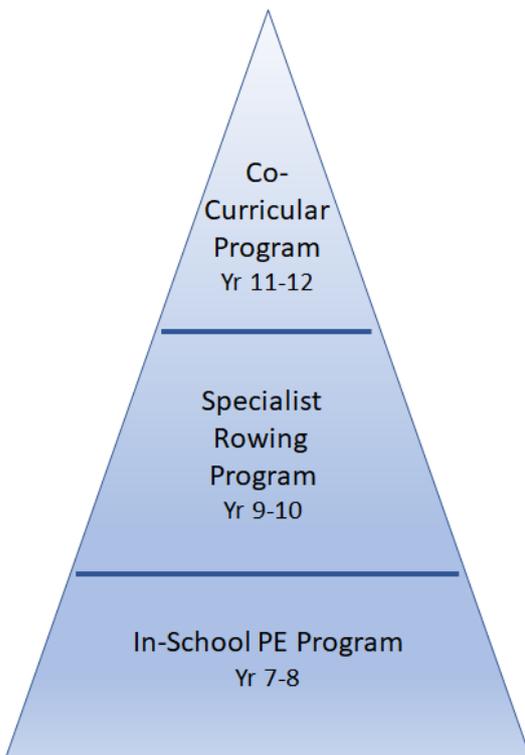
Making Waves has developed a framework for a school rowing pathway that will assist our partner schools in embedding formalised, long-term rowing opportunities for their students. This will see rowing established as a sustainable part of their school culture.

A school rowing program will provide students with the opportunity to continue their rowing journey where they can invest more time and effort in the sport, thereby gaining greater benefit from the personal development opportunities.

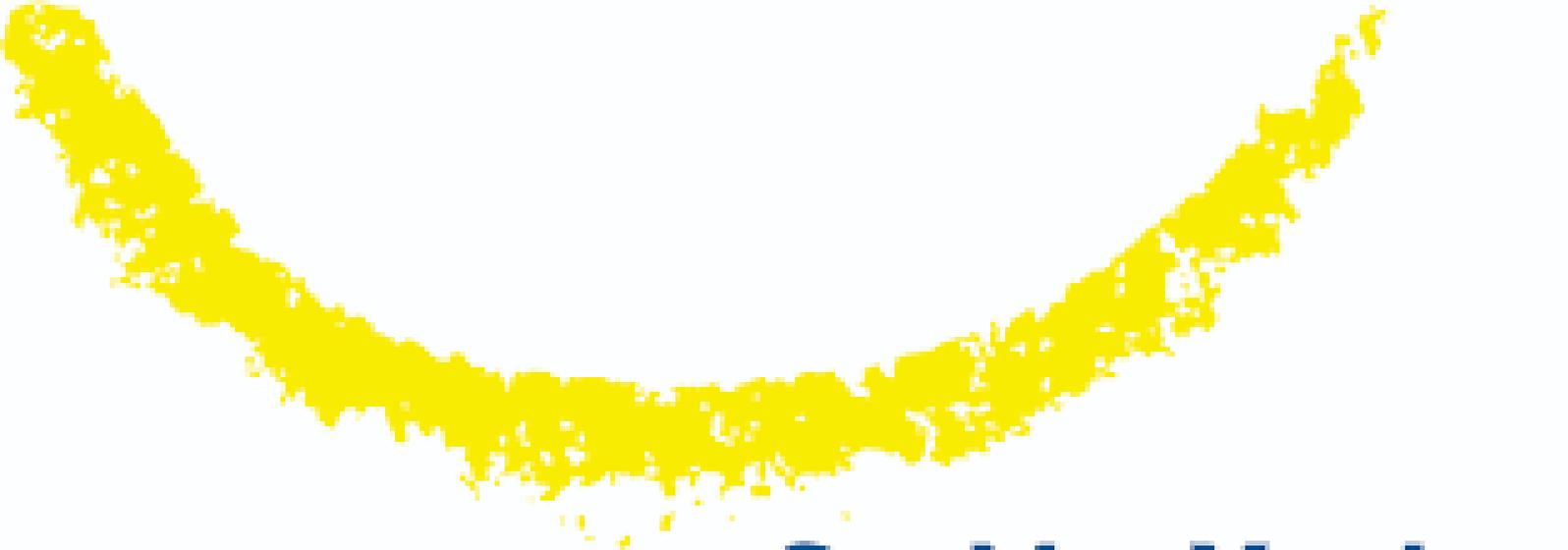
A key milestone in the program is Making Waves partner schools participating in the All Schools Regattas in 2022.

Making Waves will support the schools in this endeavour through its expertise, facilities, equipment and funding.

The framework was presented to partner schools for feedback and consultation at a workshop in August 2021 with a working group formed to develop the detailed pathway.



Program Overview	Key Information
<ul style="list-style-type: none"> The Co-Curricular program is an advanced program that is delivered by the school. The program provides for racing opportunities in Rowing WA regattas. There is scope to align the program to ATAR physical education studies or Certificates in Sport and Recreation. The program emphasizes the development of competitive racing skills, discipline, leadership and teamwork. 	<ul style="list-style-type: none"> Advanced rowing skills Crew rowing Racing in Rowing WA Regattas Out of school hours
<ul style="list-style-type: none"> The Specialist Rowing program is an elective course offered as part of the school curriculum. The program provides for the development of crew boat skills in preparation for racing in Rowing WA regattas with an emphasis on physical development, skill acquisition and teamwork. 	<ul style="list-style-type: none"> Intermediate rowing skills Introduction to Crew rowing In School hours
<ul style="list-style-type: none"> The In-School PE program is a learn to row program that is delivered by <i>Making Waves</i> at Champion Lakes Regatta Centre. The program provides for the development of foundational rowing skills with an emphasis on basic rowing skills development, goal setting and resilience. 	<ul style="list-style-type: none"> Foundations of rowing skills Customised to school requirements and timetable In School hours



SMYL Community College

SMYL Community College Makes the Trip from Mandurah

SMYL Community College is a Curriculum and Reengagement in Education (CARE) school for students in Years 8 - 12 who have disengaged from formal secondary schooling and have significant barriers to education. SMYL has several campuses in the south metropolitan area, including in Mandurah.

This term, SMYL have expanded their involvement in the program to three classes from Cockburn, Rockingham and Mandurah. Mandurah are the furthest class from Champion Lakes Regatta Centre with students traveling an hour each way to participate in the program.

SMYL Community College has been engaged in the Making Waves program since Term 3, 2020 and over the past year have increased their engagement in the program with word spreading throughout the campuses about the benefits of Making Waves.

Students join a welcoming environment where they are encouraged to try a new activity with the support of our coaches. Many students progress rapidly as they embrace the challenge and give something a go that they never thought they could try.

Students also report significant benefit in being independent on the water where the repetitive action of the rowing stroke allows them to relax and escape the pressures of life.

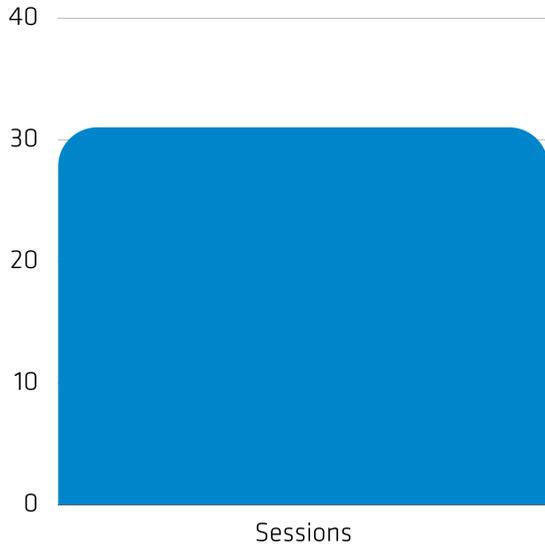
Making Waves is proud to partner with two CARE schools in SMYL Community College and Sowilo Community HS on an ongoing basis.

The Stats That Matter

Term 3

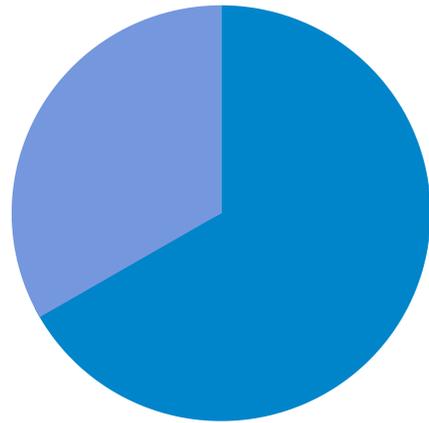


In-School Program



Students Per School

John Wollaston ACS
33.3%

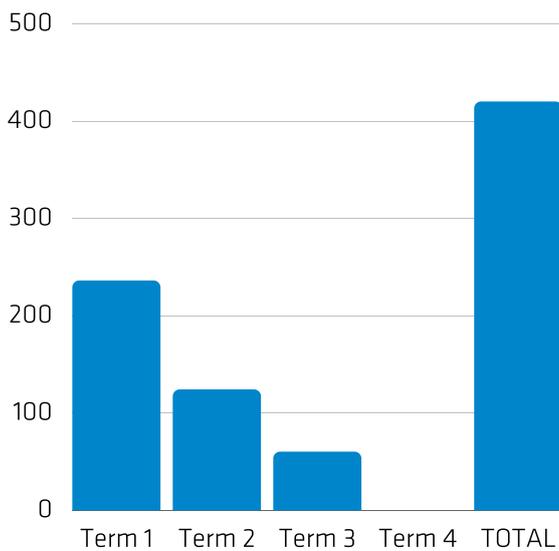


SMYL Community HS
66.7%

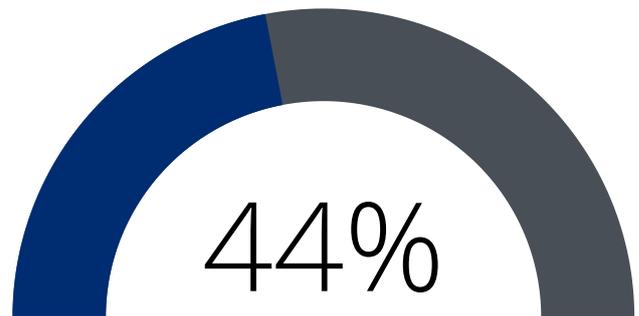
2021



Number of Students



Fundraising Target



Received \$921,470 of our \$2,100,000 program target





**Changing the lives
of young people
through rowing**