



SCHOOL INFORMATION PACK

2021





**Changing the lives
of young people
through rowing**

***We empower young people to take opportunities
to develop the skills to succeed in life.***





OUR PROMOTIONAL VIDEO

[CLICK HERE](#)

WHY ARE WE DOING THIS?

Champion Lakes Regatta Centre is situated in Perth's south east corridor where the population faces numerous socio-economic challenges.

The area has a high proportion of at-risk youth and Culturally and Linguistically Diverse groups who do not have the same access to engage in sport and, in turn, enjoy the benefits that sport brings to the community.

2016 City of Armadale demographic data indicates;

- Only, 49% of people had completed Year 12 with only 16% of the population having a University level education
- 35% of the population are born overseas
- Median household incomes are significantly lower than greater Perth
- Youth unemployment is one of the highest in Perth
- The area's proportion of disengaged youth is rising with figures as high as 27% in Armadale's south

WE BELIEVE THAT SPORT CAN BE USED TO HELP CHANGE LIVES

Making Waves aims to provide the following for all its program participants:

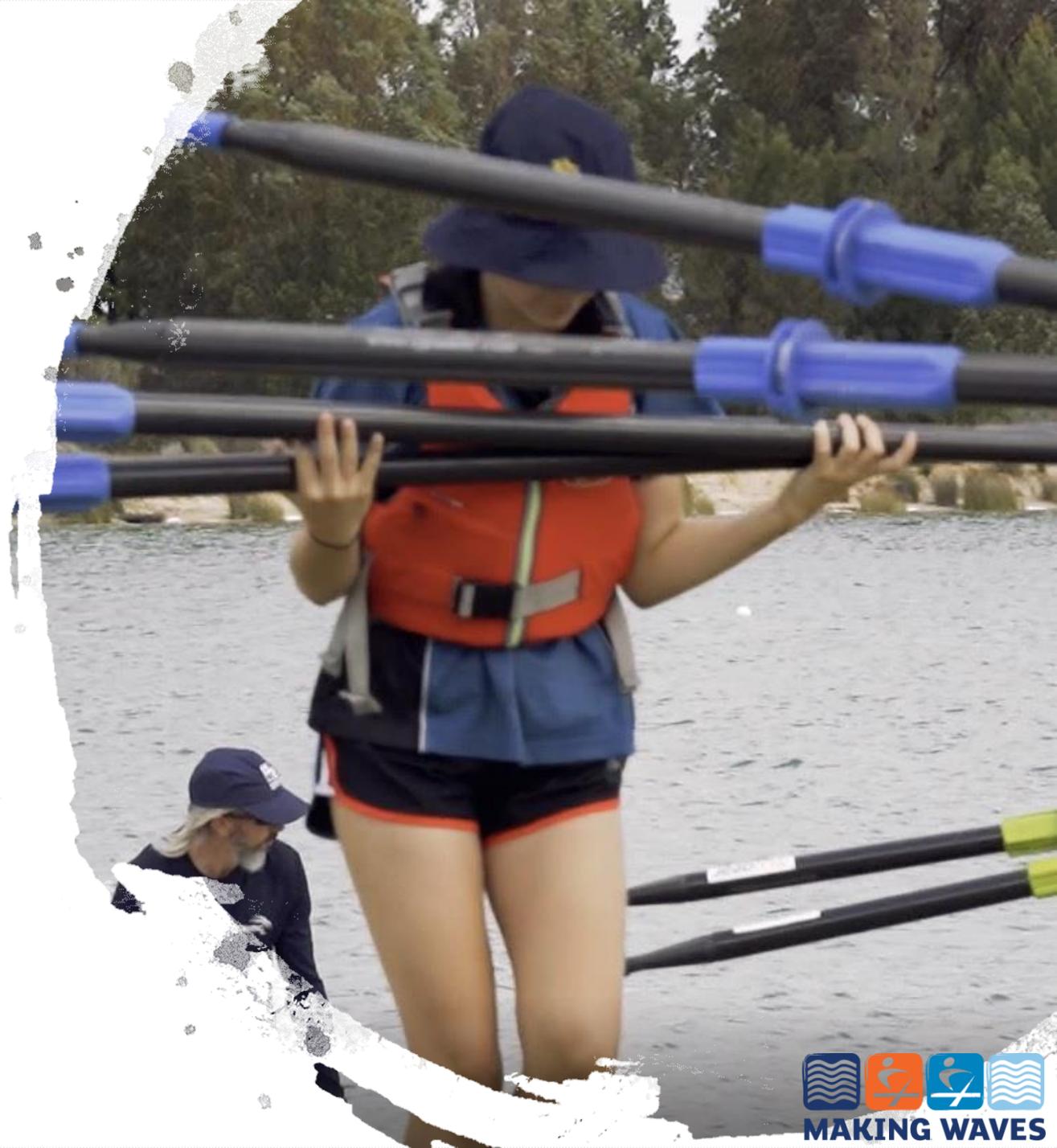
Providing participants new experiences and opportunities to explore their capacity to meet challenges

Providing participants a new physical activity that targets positive physical, mental and emotional well-being

Coaching delivered by strong mentors and by university students – good role models to high school students

Connect students to pathways to tertiary educational and vocational training

Develops key life skills, builds confidence, self-respect and determination



PROGRAM PILLARS



Youth Health & Wellbeing

- Improved physical, social and mental wellbeing for local youth through the delivery of an integrated physical activity and personal growth program

Program Sustainability

- Provide a legacy by creating a sustainable resourcing structure ensuring the long-term delivery and embedding of the program in Western Australia

Vocational Training & Further Education

- Establish strategic partnerships that support the delivery of tangible opportunities related to higher education and/or vocational outcomes

Community Engagement

- Maximise the outcomes and impact of the program through strong and sustained community partnerships



OUR STORY SO FAR

2018

Pilot & starting to build support

- Impacted 120 young people

2019

Building foundation for next 5 years

- Impacted 241 young people

2020

Recovering from COVID-19

- Impacted 502 young people

2021

Future Plans

- Launch of out-of-school programs
- Pilot of specialized school-based programs

SO HOW DO WE MAKE IT HAPPEN?

1. Our Program Curriculum;

On-water component

- Singles & Quads
- Work in groups with coach

Off-water component

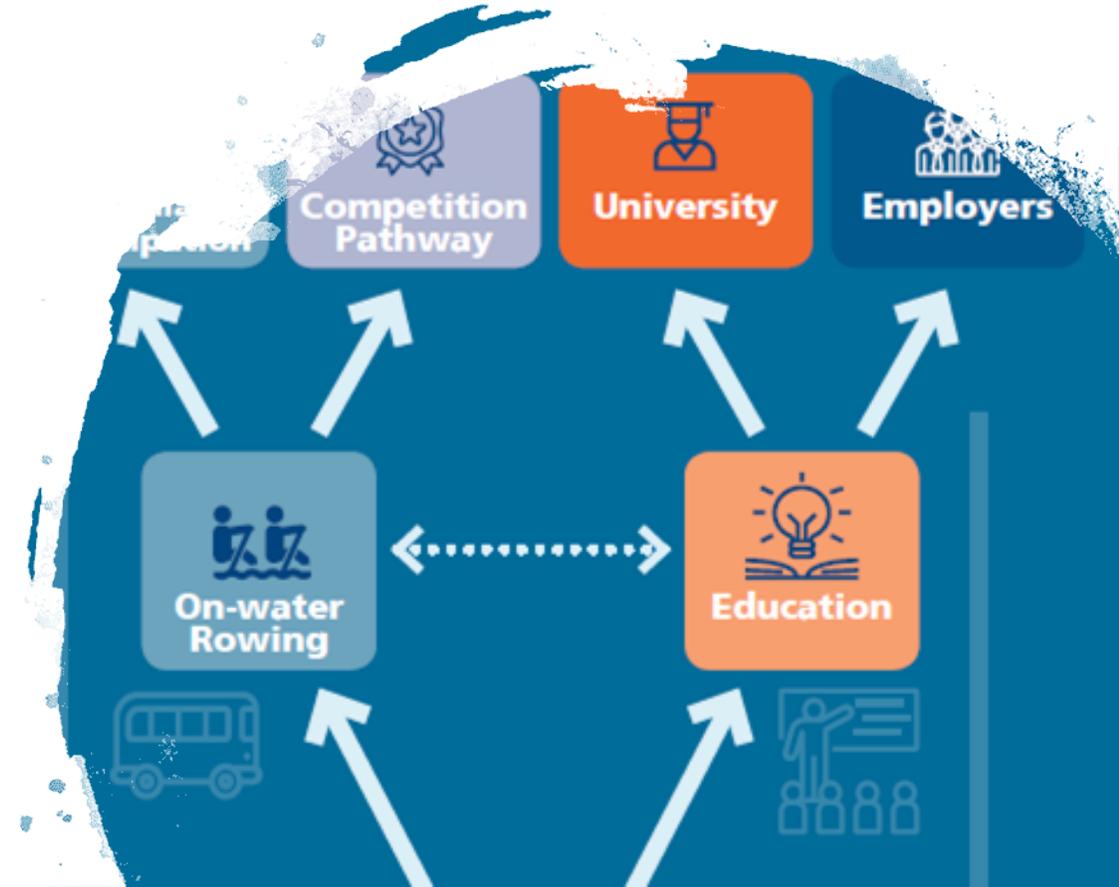
- Lifeskills 'How We Row' Program

The in-school rowing program has also been developed to be fully compliant with the Department of Education's:

- Duty of Care for Public School Students Policy and
- Outdoor Education Activities for Public Schools Procedures

2. Measuring our Impact

3. Through partnerships & collaborations



SO HOW DOES IT WORK?

Making Waves currently works in partnerships with local schools throughout the City of Armadale and its surrounds.

The program is delivered at Champion Lakes Regatta Centre.

In working with schools, Making Waves can provide flexibility on:

- Session length – we can cater from 30mins to 2 hour plus sessions
- Number of sessions per week
- Time of sessions
- Length of program i.e. number of weeks that the program runs over
- Transport options for schools who don't have their own transport

Our participants are typically:

- Years 7-10 (although open to all High School students)
- Male & Female
- Sporting and non-sporting students



MAKING WAVES

WHAT WE PROVIDE

As part of the program, Making Waves provides:

- All management and administrative support for the program
- A clearly structured program curriculum
- Accredited program personnel with current Working with Children checks and First Aid training
- All program equipment including; boats, life jackets, first aid kit, access to amenities
- Compliance with the Department of Education requirements - we provide each school with a comprehensive pack with all required documentation
- Transport options for schools to and from the venue

Partner schools are responsible for providing:

- A teacher for each session

Due to the great support that Making Waves receives from its partners and supporters the program is offered at low or no cost to schools





PAST AND CURRENT PARTNER SCHOOLS

- Armadale Senior High School
- Cecil Andrews College
- Byford Secondary College
- Lumen Christi College
- Southern Hills Christian College
- Clontarf Aboriginal College
- Kelmscott Senior High School
- SMYL Community College
- John Wollaston Anglican Community School
- Sowilo Community High School

NEXT STEPS

If your school **is not** currently involved in Making Waves we would love to discuss:

- Engaging your school and students in the Making Waves program

If your school **is** currently involved in Making Waves we would love to discuss:

- An ongoing long-term school partnership which will secure your school's place in the program on a consistent basis
- Establishment of a dedicated school rowing program at Champion Lakes Regatta Centre

Please get in touch with the Making Waves Manager to discuss how these options could work for your school.





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